

River Oaks Hot Spring Spa
800 Clubhouse Drive
Paso Robles, CA 93446
805.238.4600

SERVICE DESCRIPTIONS

Face and Skin Therapy:

- ❖ **Express-** This facial includes a cleanse and exfoliation, a short face/neck/shoulder massage, mask, and a moisturizer.
- ❖ **Hydrating-** Treatment starts with a cleanse, then exfoliation, extractions when necessary, face/neck/shoulder massage, gel hydrating mask, and finishes with a moisturizer.
- ❖ **European-** Similar to Hydrating, but with a double cleanse, extended exfoliation, extractions when necessary, face/neck/shoulder and hand massage, gel hydrating mask, and finishes with a moisturizer.
- ❖ **Grand European-** Effective for sun damaged and mature skin. Similar to European, starts with double cleanse, extended multi-vitamin exfoliation, extractions when necessary, face/neck/shoulder and hand massage, multi-vitamin mask and finishes with moisturizer.
- ❖ **Glycolic Peel-** Effective for sun damaged and mature skin. A glycolic peel helps to minimize fine lines and even out skin pigmentation. Recommended in a series of 5 for most noticeable results. (Have the esthetician take a picture before first service in the series and after last to see your results.) Treatment starts with a double cleanse, application of glycolic acid, neck/shoulder massage, application of calming cream mask, massage of arms and hands, then finishes with a moisturizer.
Glycolic Peel acid is fruit based. The peels are being medically endorsed as a viable alternative to a more invasive peel for any clients that wish to avoid discomfort and/or a long recovery time.
While resurfacing procedures do not replace deeper peels, they can produce dramatic results. The glycolic acid dissolves the dead thickened layers to lift away without wounding the skin and also plays a pivotal role in the appearance of lines and wrinkles. When the glycolic acid enables layers to separate from the stratum corneum (top layer of skin), the skin appears noticeably smoother, more translucent, softer and firmer. As the series continues, along with a home care program the cumulative results include collagen stimulation by increasing firmness and lessening the appearance of deeper lines.
- ❖ **Gentleman R & R-** Similar to the European facial, this facial has a double cleanse, extended and more aggressive exfoliation, extractions when necessary, face/neck/shoulder and hand massage (sometimes feet), hydrating mask, and finishes with a moisturizer. This facial keeps in mind the differences in the male anatomy.
- ❖ **Back Treatment-** This treatment is similar to a European facial but for your back. It includes a cleanse, extended exfoliation, extractions when needed, and a heated back mask. Your treatment will conclude with a moisturizer.